

# ASCENDING BEYOND DENSITY

2016-04-16

- 2016-0416-001 Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. Child of Light; radiant Light; from before time began; beloved of the Father/Mother/God/Goddess/All That Is; Beloved.
- 2016-0416-002 I am the one known as Jeshua ben Joseph, Jesus you have called me in some lifetimes, and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to bring your love, your consciousness together to share, and to be able to open the hearts and to love.
- 2016-0416-003 You love with the love-light of the eyes, you love with the smile upon the face, you love with the mind that makes up all kinds of jokes and even says words that are not supposed to be said—you thought I missed that (chuckle). In truth, every word that you speak matters not, the sound of it. What matters is the love with which it is said. You can use all of the four-letter words that are supposed no-no's to use, and if you say them tenderly, if you say them with love, that is what they become.
- 2016-0416-004 You can take a word which is supposedly holy and you can say it with great vehemence and of angry demeanor, and that is what it becomes. It comes to the place of the intention, whatever you intend the sound to mean. You know in this day and time you have many different sounds known as languages, and you learn some of them. Or you might learn a word or two of one that seems to be a bit strange to you.
- 2016-0416-005 You go to visit a country where it is the principal language, and you hope you have enough, and you leaf through the little dictionary...wrong. You take the tablet, and you see what words apply in this day and time. It used to be that you would flip through the pages of the little book that you carried with you. Nowadays, you just flip...ah, yes, there's the word.
- 2016-0416-006 Most wondrous, what you have devised to make it easy for you to have a mind seemingly outside of you that you can refer to that will have all of the information in it that you don't have to carry up here all the time. You do have to know, and I have watched all of you as you have gone through the various steps of learning how to retrieve that message, that information, and learning all of the certain techniques to then ascertain what the answer would be.
- 2016-0416-007 But you carry it right there. It is your most cherished possession for many of you. If you were to lose that, it would be, "Oh, my goodness, where did it go?" You would immediately start a search. You would even borrow someone else's best

friend and see if you could make yours pop up and make a sound so you would know where it is.

- 2016-0416-008 It is wonderful, what you have devised; even more things than what we experienced two thousand years ago. And even more things than these shall ye do. I said that. It is recorded in your holy writings, and it is most true. You can see.
- 2016-0416-009 Two thousand years ago we did a bit of the writing, scratching on the papyrus or on the wax tablets. Wax tablets were quite good. You could reuse them. You would take a bit of the heat to it, make the surface of it melt a wee bit, smooth it over, and if you had a mistake, you could smooth it over and make it right; quite ingenious even at that time.
- 2016-0416-010 The human mind is most wonderful. For the most part, ones fill it with a whole lot of trivia, but it is there in case you want it. You can go and find a thread, to follow the thread to come to some place of something...I was trying to remember; I was thinking about something. Now, what was it, you know, and then you follow the thread of memory and you find, "Oh, that's what it was." Or you may ask a best friend, and they may fill it in for you, or they may not, depending whether they remember it or not.
- 2016-0416-011 This is a most propitious evening. Know you the meaning of that word? (Nope) Good. It will be one thing that you will look up before you close the eyes this evening and go to the slumber; and you can remember that, yes? (Say it again) Propitious (Propitious) Yes, it is going to be a most propitious evening; in other words, it's going to be a very good evening, a lot of gifts in it.
- 2016-0416-012 We are going to start with something that I addressed some years ago when I spoke about the descent into matter, into density, which was a most wondrous thing that you decided to do. It was not a mistake, although ones have said, "I made a mistake in order to be here in this body at this time to be so constrained by what the body will do or won't do."
- 2016-0416-013 In religious circles it has often been termed a sin, this descent into density. But it was not a sin, and it was not a mistake. It was on purpose to see what you could experience. It was on purpose to see what kind of forms you could bring forth. In the beginning you brought forth the most wondrous mountains. You were here at the birthing of the mountains, and you said, "What would it be like if we were to have great rock formations? What would it be like to look out and see snow, the white stuff up there, and see how strong ones have to be in order to climb to the top? How would it be to see the rivers and the waters, the great oceans?"
- 2016-0416-014 You brought forth all kinds of creations in order to play amongst them. And we did this. We were very ingenious—another good word. We would devise all kinds of different things to play with. It was understood in the beginning that everything we created, we looked upon and called it good, because it was.

- 2016-0416-015 It was there for our enjoyment, to be in joy with it, to appreciate everything that we were creating, even the little fluff-balls that you see out there that scatter themselves everywhere, and very soon you have a field of yellow; most beautiful. You have that around here where you can enjoy the color. And then ones get their mowing machines out and cut off all the heads. And what do you know next? Two days later they are back up again—wondrous creation.
- 2016-0416-016 In the beginning we knew that we were creating. We knew that whatever we were beholding in front of us was something that we had created for our enjoyment, and we played. We danced upon the firmament, otherwise known as the land. We danced as the light-beings that we are. Remember that.
- 2016-0416-017 After a while, there became a bit of the competition of ones saying, "Well, I can create something more ingenious than you have," and we had the very informal contests to see what we could create. We got to the place where, "My creation is going to do yours in; gone."
- 2016-0416-018 We played, we re-created, and it was that; it was re-creation, otherwise known now as recreation. These were for our enjoyment. Then the question arose, "What would it feel like to be within the creation?" The most wondrous being that you still have in your mythological stories, the one with the one horn, yes, the unicorn; what would it feel like to be on all fours with a most wondrous horn?
- 2016-0416-019 Do you know what the horn was for, how it was used? No? Make a guess. (Ring toss)(Laughter)(You said for fun) Yes, it was for fun; ring toss, yes. Where did the rings come from? (Tree stubs) Would it not be better to reach to the heavens and bring down something from the heavens (Okay, good) You like that; okay, we can do that. We can play the ring toss with the unicorns, okay.
- 2016-0416-020 We had what you would call perhaps the two dozen unicorns, and we would have them lined up and do the ring toss. One star out of the heavens, toss it...ah! It's become two dozen. Perfect. I get a hundred points (Okay) Oh, no, the game had just started, you see. We would play for higher scores. But it was just to enjoy what we could create and to see what our creations could do.
- 2016-0416-021 Then the thought came, "What would it feel like to be within that creation? How would it feel to be the unicorn itself?" So we enlivened the creation with our being, and we played on the field, we climbed the trees. Now, have you ever heard of unicorns climbing trees? (No) No. We did, because we could. Everything that we wanted to do, we did, because we could.
- 2016-0416-022 There was nothing out of bounds that we couldn't do, and so again the competition came up. "My unicorn is stronger, runs faster than yours does. I'm going to make it so we have a race, and I'm going to win," and we did. And your unicorns ran into a tree (Oh, I was thinking it grew wings and flew) And it did, you see, because we

played this game over and over with all different variations, as many variations as you can think of.

- 2016-0416-023 We knew ourselves to be playing. We knew that the creations were our creations for the enjoyment of it. But as the association grew over what you now would say time, there was a forgetting that we were the ones creating. There was a forgetting of the Light energy that danced upon the firmament, and we began to look at things in separation. I'm here. Something different is over there. And with that came fear.
- 2016-0416-024 With that came all kinds of emotions—anger, sorrow, loss—to the place where you are now, except that my good news in this evening is, you have gone as far as you are going to go into density, actually quite a while ago.
- 2016-0416-025 You are on the ascent instead of the descent, coming up out of the forgetfulness, coming up out of the place where there seems to be separation, to the place where you can see auras around ones. You can see the energy of life around friends, around plants, trees. Everything that has life energy, you can see the Light around it.
- 2016-0416-026 You begin to understand Oneness. You begin to understand the one Mind. Your four-footed ones are very good at this one Mind. They read your mind before you even know what is in your mind. They may even suggest to you, if you are open to it, that it might be mealtime. They are very good at that. They have a timeclock that is usually ticking away and wants to be attended to. So when you think perhaps you will have the tuna fish sandwich, the four-footed one comes running out and says, "Me too; I will have that too."
- 2016-0416-027 The ascent out of density has been called ascension, of course. The ascension that is so recorded and so heralded was my ascension a few weeks after the resurrection of the body. The resurrection of the body was quite a turning point for me. I had studied with masters in the Far East, and I knew how to take my consciousness away from the body. With practice you can do this.
- 2016-0416-028 With practice you can put the finger into the flame; you will not feel it, and it will not burn. With practice you can run the sword through the arm, and you will not feel it. When you withdraw the sword, the arm comes back together healed, whole once again.
- 2016-0416-029 You have ones in this time who can do that. There were ones of my teachers, the masters, who could do things like that, and they taught me how to do it as I would have courage to try it. Because at first, you see, as you are sitting here you are thinking, "Well, to take a sword and run it through the arm...first of all, that would take a bit of pressure. Second of all, it would probably be rather messy. Third of all, it would probably hurt."

- 2016-0416-030 But as you know yourself to be the energy that sustains the body, and that the body truly is energy that has been brought together, you can separate the molecules of that energy as wide as it needs to be to run a sword through the arm and then to withdraw it with no harm. The hardest part of it is making the decision in the first place to try it. But when you see others do it, and you know that it can be done, and you are sitting in a place called Oneness, knowing your energy, it is not that difficult to take the next step and to try it.
- 2016-0416-031 Now, I would suggest that if you want to try something like this that you start with something smaller; not the great sword. You try, first of all, knowing that you can withdraw your consciousness from the body, which is what I did upon the cross. You can watch it as a movie, as a drama, with your consciousness being the Beholder. It takes a bit of practice, but as I have said, when you see others doing this, and they seem to be human the same as you, then there is a bit of encouragement to believe. And once there is belief, that changes everything.
- 2016-0416-032 When you can move the consciousness from the great attachment that it has to the body and see the body as a ball of energy, you can see the various molecules and the space in between the molecules, then it is not difficult to put the sword between the molecules. Now, I'm not suggesting that you have to go home and try this, but play with it in the mind. It is not something that you have to do in physicality, but just acknowledge that it can be done.
- 2016-0416-033 This is where I was before the resurrection. At the time of the crucifixion, I took my awareness away from the body, and I watched the drama that was unfolding beneath me, below me. I came to a certain place that I had heard about, but I didn't know if I could do this, of withdrawing enough of the consciousness from the body that the body would be deceased, and that I would leave this pile of molecules, known as the body, for ones to take and put into the tomb.
- 2016-0416-034 Now, the next part of this is the easier part. Some days after the resurrection was the ascension into Light. Now, in truth, that is easier than doing the resurrection of the body. When you are resurrecting the body, you have to have the molecules of Light in proper form. You have to have the body in a place where ones can approach you and can lay hand on and say, "Yes, this is a body."
- 2016-0416-035 Now, in the ascension, you allow the Light that you are, the energy that you are, to rise up. That's actually easier. I did the hard part first, the re-formation of the body, the resurrection. But some days after that, there was a knowing that the disciples and the friends who had been listening to my message, the same as you have been for some years now listening to my message, they had a certain belief that no matter what happened, I would be able to save them.
- 2016-0416-036 That belief has come down through the ages, where if you pray the right words and if you light enough candles, I will save you. As there is enough belief that you are worthy to be saved, you will save yourself. I am not any more powerful

than you are, but you have been taught down through the ages that I am the magician who can make everything right.

- 2016-0416-037 Now, in truth, everything is right already, even the descent into density into a place of feeling separation from your Source. That has been by design, and it is not a sin. It is not something to feel guilty about. But it is something that is as an old sweater that fits too tight, and you are wanting to shed it, to get rid of it, and to feel free to move and to be as the Being that you are. You have outgrown the sweater, you see, the cloak. It no longer fits you. It is too tight. So you are moving and you are expanding.
- 2016-0416-038 Now, as I said in the beginning of this evening, this is going to be an evening of the Gospel, an evening of Good News, an evening of knowing that truly you have reached the most dense point. You, individually and collectively, have gone as far into density and separation as you collectively and individually are going to go. Now, that is good news, is it not? Yes.
- 2016-0416-039 So you are making an ascent, coming up out of that very dense place. As you think back on the recorded history that you have, you can think back some thousands of years, as your history tells you, when things were very primitive, when ones only existed, and ones would fight each other over a plot of grass or the animals that were used for food. There was no thought of Oneness. There was no thought of Light. There was only thought of existence and whatever made for existing. You have this in your history, and it goes very, very far back. And there was a turning point.
- 2016-0416-040 Now, as you look at history, it seems to take a long time for any "growth" to be happening. But in truth, that is only because you have been taught from this vantage point right now that there has been a lot of time that has gone by. But in truth, there has not been a lot of time that has gone by except in your belief system.
- 2016-0416-041 Those days that I was just describing where there was only the thought to exist, to keep on allowing the form to exist, that thought is not very far away. And you are making great strides to the place where we talk about Light and we talk about love. You know the feeling of expansion when I describe love, how it feels, how it feels like heaven, and it is. It is heaven.
- 2016-0416-042 You are already taking hold of what you call your future. You are already stepping out of old thinking, old story, old history, to the place where you are envisioning how it would be to live in love all the time. And you are making for yourselves more and more examples of living in love.
- 2016-0416-043 You feel this with your four-footed ones. You feel this when you go and feel at One with them, and they love you, just unconditional love. They just love you, and it helps if you feed them. But you know their love, and they know yours, and they



want your love, because that is what they are. They are love walking on four feet, and it is unconditional.

- 2016-0416-044 Well, there is one condition. They do want you to feed them. But it is simple, and it is love, and you know how that feels, and you want to be in that space as often as is possible, because it feels so good.
- 2016-0416-045 And you find that with the friends, with the mates, with the ones who are of like mind, and you don't have to explain yourself. You know that they are going to love you just the way you are. And you too. All of their crazy foibles, all of their characteristics, and you love them—because of those characteristics. They come to you asking for love. They come to you offering love. And you know when I say those words what I am talking about. You get a glimpse of it, a glimmer of how it feels to be in love, to be loved and to love.
- 2016-0416-046 So you see, that which we described as past history and the densest place you could be, that is an old chapter in the thinking, and you are moving out of that space. That is why you are having now so many messages coming to you from the "masters" of changes, changes that are going to be happening on a certain date, and you are going to be anticipating that on the 31<sup>st</sup> of April—well, you will say this cannot be; call it May 1<sup>st</sup> if you want to—there are going to be great changes happening in your life. You are going to feel great changes. The sun is going to rise, and then it is going to circle around all in one day faster than usual. It could happen. It could happen.
- 2016-0416-047 You are bringing forth, inviting changes, prophecies, and you are having many messages coming to you now from everywhere saying that the changes are happening. This decade especially is birthing a New Age. The latter half of your life in this lifetime has been birthing a New Age. You have come into it, why? Because you are ready for it. You have come into it because you desire a New Age. You desire new thinking. You desire others to be in a place of understanding.
- 2016-0416-048 Yes, you are still bringing some of the old thinking with you, because there are ones who are the examples of old thinking. You have much that is going on in your world that speaks of separation, that speaks of non-love, that speaks of worldly power. You have kept that yet in your thinking to give you a contrast to where you want to be, actually as a contrast to where you are.
- 2016-0416-049 That is the good news. Because as you have been praying, as you have been wishing, as you have been asking for and entreating the changes into more Light, it has been done unto you as you have asked. It cannot be otherwise. We have spoken of this many times. That which you ask for, that which you intend, that which you keep the mind focused on has to come to you, because that is where you are living, in that thought pattern. So if you want something, know that you already have it, and you do.

- 2016-0416-050 Now, there is nothing wrong with going through the various steps of interrelationships with other ones in order to bring about the desired effect. In other words, that which you have planned to do, you don't have to do, because immediately this evening, that could all be taken care of. But you have agreed that you want to know certain people. You want to have the experience of the technology in this day and time. So you have set up certain parameters, certain examples of what you will go experience.
- 2016-0416-051 And again, it is just for the experience, the same as when you were creating the unicorns—for the experience of it. So you do not have to feel that, "Maybe I just missed a chapter about the body and about healing the body." No, you haven't missed anything. In truth, what you have done is to throw in another ingredient.
- 2016-0416-052 You, being the baker that you are and the most delicious cook that you are, you know ingredients. You have said, "In this lifetime, you know, there's a lot of technology that I want to experience." So you have worked with the healing technologies in various geographical places where you have had experience that others have not had. You work with your individual desires and intentions; not judging self and saying, "Well, this is a punishment," because it is not.
- 2016-0416-053 Nothing that you ever call to yourself is a punishment. You can say that it is, but in truth, it isn't. It's an experience. And sometimes, because of the way of thinking of the world, you get into a place of saying, "Well, I don't know if that was such a good experience," but in truth, everything is neutral.
- 2016-0416-054 So you play with everything that comes to you. You play with all of the thoughts of the mind, because that is what you have devised the mind for, is to play with ideas, with the what if's. Where can I go? Who can I see? What will they say? How will it feel? All of the questions that the mind loves to ask. Then you follow through with the experience, and you say, "Well, I got surprised by that one," but you have worked that into the fabric of what you are designing for yourself.
- 2016-0416-055 The Good News is that you have left the old thinking behind. That is why you have the messages coming now to prepare. Now, some of the messages will say, "You'd better be ready for this, because everything that you have ever known is going to change." And you say, "Well, that's okay. Some of the things I have known, I'd like for them to change." But some of the other things, you say, "Well, I'm not quite so sure about all of it."
- 2016-0416-056 You have now many voices speaking to you. Everywhere you turn, there's a message. And especially now that you have come into what is called the golden age of the decade that you're in, by the time you have what is going to be called 2020, you're going to have the eyesight of 20/20. You're going to be able to see clearly, or so the messages say.



- 2016-0416-057 But I say unto you, you can have that eyesight, that visioning right now, and you are working towards it; not working as effort, but moving towards it, because you deserve it, because truly everyone walking the face of our holy Mother, the Earth, deserves to know love, to create love, to play, to enjoy the creations.
- 2016-0416-058 Sometimes ones will put it off a ways and say, "Well, okay, I'll come to that in, let's see, 2019 and 11 months and 28 days. Then I can accept it." Okay, so be it. And then there are some of the brothers and sisters who say, "Ah, none of that's true. 2020 is going to come and go; it's not going to make any difference in my life." Then it won't, for them. But for ones who have the belief that it is going to change, guess what—it changes. Hey, you were paying attention; very good. Yes, it will change, because you have decreed that it will change.
- 2016-0416-059 I know that some of you have been wondering why we are getting so many messages now that say the changes are happening. There's a special day coming up in about 21 ½ days from now—pick a number, any number, and it'll happen. You have many voices, because you are calling them forth.
- 2016-0416-060 You have many voices who are saying that the changes are right here, right at the fingertips, and they are. You stand in a most wondrous place, because you are creating something that you have known before, but you have forgotten. You have known Light. You have known love and ease of creation. You have known joy. That is why it tickles the back of your mind and wants to come forth. You have known this.
- 2016-0416-061 As you have the writings of history on holy Mother Earth, the recorded history is mainly of battles, contests, competition. But before that, there was Light. Before that, you knew yourself as a Light-being.
- 2016-0416-062 I set for you one thing this evening when you go to your dwelling place and your bed. One thing remember. When you turn out the light, make it as dark as possible. If you need to, go into a closet and close the door. Stand there for a moment or so, and behold the hand. Behold the Light that you are. After a moment or so, as the physical eyes do a bit of adjustment, you will see more light than what you thought possible.
- 2016-0416-063 This is something that we used to do "in olden times" two thousand years ago. We would practice just for the fun of it. We would sit in a darkened room with a candle, and we would blow out the candle and let our Light shine. You knew how to do this, so that you were radiantly the Light and you would light the room. We, as we sat in the darkened room, would do this with our Light.
- 2016-0416-064 So this evening, if you want, go into your closet, if you can find room in there. I only speak about my beloved friend and teacher, the one you know as Judith, if she can find room in there. Close the door. Make it as dark as possible. Allow the adjustment.

- 2016-0416-065 Why are the small ones often afraid of the dark? Ponder that (The unknown) The unknown, and not remembering, the forgetfulness, the forgetful, not remembering the Light. Also, the old generational teaching that there could be something fearsome in the dark. Sometimes in history, the ravaging animals could come out of the dark and take the form from them, or so it seemed, so there has been generational teaching.
- 2016-0416-066 But some of the small ones come remembering their Light, and they are quite happy in the dark, because they know their Father/Mother is taking care of them. It is something to ponder.
- 2016-0416-067 The Good News of this evening is, you have had the descent into density and you have gone as far as you are going to go into that density. The Good News this evening is, you are ascending. You are making your own ascension. You are living the Light that you are, and it gets easier.
- 2016-0416-068 Take that to heart. It gets easier. A little bit of Light, and then a little more Light, and then a little more Light, and before you know it, you are surrounded, as the Light that you are, in Light. So be it.